

# 57 SQUAT CHALLENGE

57 squats. 31 days. 57 Australians diagnosed every day.

## BREAST CANCER IS THE SECOND MOST COMMONLY DIAGNOSED CANCER IN AUSTRALIA

Currently, it is estimated that over 57 people in Australian will be diagnosed with breast cancer every single day, and sadly 9 people will die from the disease. Each death is one too many.

### How your support helps

The National Breast Cancer Foundation (NBCF) is Australia's leading not-for-profit organisation funding world-class breast cancer research with money raised entirely by the Australian public.

NBCF is working towards one vision: Zero Deaths from breast cancer. The money you raise from 57 Squat Challenge will go towards research to help achieve this vision.

Your support will help us fund world-class breast cancer research to better understand how to prevent and detect breast cancer early, how to stop the progression and recurrence of breast cancer, how to effectively treat hard-to-treat and metastatic breast cancers and ultimately – save lives.

**Together, we can achieve our vision of Zero Deaths from breast cancer.**



## EVERY DOLLAR MAKES A DIFFERENCE

The funds you raise are vital. The more you raise the more research NBCF can fund.



**\$200**

Could support researchers to understand why certain breast cancers are more aggressive, and help find new therapies to treat these cancers.



**\$500**

Could help researchers investigate whether certain drugs can be used to prevent breast cancer.



**\$1,000**

Could help researchers understand how certain faulty genes lead to the development of aggressive breast cancer.



**\$3,000**

Could support researchers to develop new therapies for metastatic breast cancer.

“Unfortunately, it was too late for my mum, and that was really hard, but my hope is that I can save your sister, I can save your daughter or your grandmother. With your support I can continue this research and make sure that one day we will live in a world free of breast cancer.”

– Dr Kara Britt, NBCF-funded researcher

